



The Rome University of Movement Sciences
 The German Sport University, Cologne
 The University of Southern Denmark, Odense
 The Norwegian University of Sport Sciences, Oslo
 The University of Vienna



with contributions from the universities of
 Athens, Bristol, Groningen, Liverpool, Malta, Poitiers, Saarbrücken, and others

European Master in Health and Physical Activity

*Health and Prevention, Fitness/Wellness, Movement Reeducation and Therapy
 in the General and Special Populations Across the Lifespan*

Children – Adults – Elderly

*European Master Degree (120 ECTS) issued jointly by the partner Universities
 giving access to the corresponding national title
 and to European Doctoral programs*

The program is structured into a one-year general program offered in Rome,
 and a second year in other locations, involving 3 alternative areas of specialisation: • Children • Adults • Elderly
 each referring to both the general population as well as to special groups, and dealing with such issues as:

*Health and fitness, risk factors and prevention in the general population
 Movement therapy in functional reeducation & rehabilitation
 Wellness and coping in disability, chronic disorder, or other limiting conditions
 Maturation and social integration, wellness and creativity, personal growth and expression*

First year

60 ECTS

FOUR TEACHING MODULES IN ROME (15 ECTS each - 2 intensive weeks/month)

1. Biomedical Issues in Health and Exercise	28 Sep -9 Oct 09	15 ECTS
2. Behavioral, Educational, and Social Issues in Health and Exercise	02-13 Nov 09	15 ECTS
3. Physical Activity in Children – Physical Activity in the Elderly	09-19 Dec 09	15 ECTS
4. Physical Activity for Special Groups and Movement Therapy	7-21 Jan 10	15 ECTS

Second year

60 ECTS

SPECIALISATION TERM (2/3 weeks of intensive teaching & internship)

Apr-Sep 10

15 ECTS

- *Vienna:* **Healthy Adults** – Fitness, prevention, and public health
- *Odense:* **Children** – Education, prevention, and development
- *Odense:* **Elderly** -- Aging, Wellness, and coping
- *Cologne:* **Movement therapy and special populations**
- *Rome:* **Neurorehabilitation** - Post-traumatic brain injury rehabilitation
- *Rome:* **Musculo-skeletal disorders and sports activity joint diseases**

THESIS

30 ECTS

FACULTY

(Local or Section Coordinators in blue)

Rome:	D. Caporossi – G. De Vito – L. Di Luigi – F. Felici – L. Guidetti – E. Isidori – F. Margheritini – P.P. Mariani – A. Parisi – P. Parisi – C. Pesce – F. Pigozzi – M. Pittaluga – S. Reichmann – S. Sabatini – M. Sacchetti – A. Zelli
Language centre:	P. Douglas – P. Evangelisti – G. Ladomery – C. Mackie – A. Vitali
Bristol:	A. Cooper – M. Hillsdon – A. Page
Cologne:	V. Anneken – B. Biallas – C. Wilke
Odense:	P. Aagaard – K. Andersen-Ranberg – P. Caserotti – K. Froberg – M. Hoff – S. Vestergaard
Oslo:	L.B. Andersen – S. Anderssen – Y. Ommundsen
Vienna:	A. Baca – N. Bachl – H. Tschan – O. Weiss – B. Wessner
Guest Lecturers:	M. Aquilina (Malta) – M. Audiffren (Poitiers) – K. Blischke (Saarbrücken) – B. Dikkeboer (Groningen) – V. Klissouras (Athens) – C. Kotzamanidis (Thessalonika) – J. Mackenna (Leeds) – N. Schott (Liverpool), and others.

Program Coordinators:

Paolo Parisi (IUSM, Rome)
Norbert Bachl (Vienna) **Karsten Froberg** (Odense)
Sigmund Anderssen & Yngvar Ommundsen (Oslo) – **Christiane Wilke** (Cologne)

Admission: The program is addressed to students with at least 3 yr (180 ECTS) undergraduate education in sport science or related areas, with good knowledge of written and spoken English and adequate credentials. A total of 25 students will be admitted, with possible extensions in case of qualified applications. Wide international participation is encouraged.

Fees & Support: *Italian students.* Tuition fee, € 1400,00 per year (+ € 60 University taxes). In addition, students may apply for an Erasmus or other mobility grant for the second-year Internship.
Students from the universities of Cologne, Odense, Oslo, Vienna will be enrolled at their home university and pay any fee to that institution. Their status of student in good standing needs to be certified, and they may apply to their own institution for mobility grants.
Other students. Tuition fee, € 1400,00 per year (+ € 60,00 University taxes), payable to IUSM as for Italian students.

For highly qualified candidates with certified lack of resources and unable to get mobility grants or other support from other sources, forms of support can be offered by IUSM.

Single Modules: Students of partner universities enrolled in a related second-tier program (e.g., Laurea Magistrale in Italy) may take parts of the program, obtain the corresponding credits, and have them recognised in their original program. Candidates from non-partner universities meeting admission requirements can be admitted to single modules by payment of Euro 400,00.

Applications: Information requests and applications should be addressed to the local coordinators or to:

European Master / International Office
IUSM, Rome University of Movement Sciences
Piazza Lauro de Bosis 15, 00194 Rome-Foro Italico
Tel. +39.06.36733221 – Fax. +39.06.36733222
e-mail: europaemaster@iusm.it (Diego Visentini) – Web site: www.europeanmasterhpa.it

Students from the universities of Cologne, Odense, Oslo, Vienna should apply through their own institution and will be selected by their respective local coordinators, subject to the number of positions available.

Students from IUSM and all other students should submit their application and documents to the above address in Rome.

The deadline for the application is **4 September 2009**.

Applicants will be immediately notified about selection procedures, which will be completed by 14 September – two weeks before the beginning of the program, Monday 28 September.